

DEEP TWEETS

Twitter has been my notebook for random thoughts since 2009.
Here are some of my favorites:



James Vest

@jmsvst

If you think that's the best you've ever done, do it again.

8:56 AM - Mar 15, 2014

[See James Vest's other Tweets](#)



James Vest

@jmsvst

Don't wait until you're ready. Experience is that fastest way to find a sense of worthiness.

1 1:14 PM - Dec 2, 2013

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James Vest

@jmsvst

Life isn't inherently fair, just, or kind. Those concepts are based on how we treat each other, which in turn gives our lives meaning.

1 7:12 AM - May 13, 2013

[See James Vest's other Tweets](#)



James Vest

@jmsvst

Efficiency is poetry.

4:38 AM - Mar 13, 2013

[See James Vest's other Tweets](#)



James Vest

@jmsvst

Worry is temporary. Regret is not.

10:40 AM - May 28, 2013

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James Vest

@jmsvst

Consider for a moment, the weight of having it all.

3 10:31 PM - Feb 14, 2015

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James Vest

@jmsvst

The strongest people I know are those who refuse to fight.

1 12:05 PM - Jun 21, 2013

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James Vest

@jmsvst

The only way to have the last laugh is to keep laughing.

9:33 AM - Dec 17, 2013

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James Vest

@jmsvst

It's hard to draw conclusions when understanding never ends.

2 12:05 PM - Nov 25, 2015

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James Vest

@jmsvst

Happiness is difficult because it can only be grasped by letting go.

9:49 AM - Mar 19, 2013

[See James Vest's other Tweets](#)



James Vest

@jmsvst

Life is 90% what you make it, 1% inspiration, 80% is attitude, 80% showing up, 90% sweat, and 99% is in the delivery.

4 12:14 PM - Jul 27, 2014

[See James Vest's other Tweets](#)



James Vest

@jmsvst

Criticism is the measuring stick of impact.

9:10 AM - Mar 7, 2013

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James Vest

@jmsvst

Your flaws are the byproduct of your strengths. Remove one at the peril of the other.

2 10:58 AM - Jun 23, 2012

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James Vest

@jmsvst

Perfection is a hallucinogen.

1 9:34 AM - Sep 8, 2015

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James Vest

@jmsvst

Whatever you're doing, do it well. The more attention you give something, the more meaningful it becomes.

12:47 PM - Sep 13, 2013

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James Vest

@jmsvst

If a tree falls and wasn't documented, posted, blogged, got buzz, went viral, was demonized, defended, then forgotten, did it make a sound?

2 3:19 PM - Nov 5, 2014

[See James Vest's other Tweets](#)



James Vest

@jmsvst

Time is money. That's why they're never in the same place at the same time.

1 10:09 AM - Nov 14, 2018

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James Vest

@jmsvst

A employee completes work while an artist creates it.

1:57 PM - Aug 1, 2014

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James Vest

@jmsvst

Life is a heartbeat. You can't stop it, but with a few deep breaths, you can slow it down.

2 9:23 PM - Jun 21, 2015

[See James Vest's other Tweets](#)



James Vest

@jmsvst

Kindness is an external heartbeat that shows the world that we're alive.

1 2:52 PM - Sep 12, 2013

[See James Vest's other Tweets](#)



James Vest

@jmsvst

A fool shouldn't be defined by what they know, rather by what they refuse to know.

2 12:06 PM - May 6, 2017

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James Vest

@jmsvst

In times of darkness, shine brightly and light the way for others.

5 7:11 AM - Oct 28, 2018

[See James Vest's other Tweets](#)



James Vest

@jmsvst

The price of honor is watching the bridge to your deepest desires burn.

1 4:21 PM - Jan 30, 2013

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James Vest

@jmsvst

Equality is another word for justice.

7:14 AM - Dec 5, 2015

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James Vest

@jmsvst

Brits seem so unsympathetic when I tell them I have a bloody nose.

3 12:34 PM - Mar 10, 2016

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James Vest

@jmsvst

Strength is picking up a mountain, one stone at a time.

2 11:28 AM - Mar 12, 2015

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James Vest

@jmsvst

Fools know everything.

2 8:13 AM - Oct 5, 2015

[See James Vest's other Tweets](#)



James Vest

@jmsvst

I wonder if Dracula sees his victims as half empty or half full.

2 7:03 PM - Jan 1, 2018

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James Vest

@jmsvst

Perfect is a word for something you do not know completely.

1 5:46 PM - Jan 19, 2015

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James Vest

@jmsvst

Pain makes you a student of life, but love makes you a practitioner.

3 11:22 AM - Sep 14, 2016

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James Vest

@jmsvst

The slower the pace, the greater the detail.

12:15 PM - Nov 21, 2016

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James Vest

@jmsvst

Making food disappear isn't enough, the third act, the hardest part, is getting the check. The part of brunch magicians call "The Prestige."

9:51 PM - Sep 30, 2012

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James Vest

@jmsvst

Ink never dries for those who write the rules.

7:04 PM - Jan 9, 2015

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James Vest

@jmsvst

If you let others abuse your worth long enough, you will continue their work once they are gone.

1 3:03 PM - Nov 2, 2015

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James Vest

@jmsvst

The free world is expensive.

2 9:48 AM - Mar 18, 2016

[See James Vest's other Tweets](#)



James Vest

@jmsvst

Empathy is a mirror you look into to see yourself in others.

4 12:25 PM - Aug 17, 2014

[See James Vest's other Tweets](#)



James Vest

@jmsvst

Time doesn't fly internationally.

3:17 PM - Jul 31, 2015

[See James Vest's other Tweets](#)



James Vest

@jmsvst

Ink never dries for those who write the rules.

7:04 PM - Jan 9, 2015

[See James Vest's other Tweets](#)



James Vest

@jmsvst

Expired passwords should be called pastwords.

2 3:40 PM - Feb 6, 2013

[See James Vest's other Tweets](#)



James Vest

@jmsvst

Anxiety is every thing feeling like everything.

2 12:21 PM - Jul 23, 2016

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James Vest

@jmsvst

Arguments are not for defending one's side, rather to share different perspectives to find and understand a more complete truth.

3 5:37 PM - Aug 2, 2012

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James Vest

@jmsvst

True beauty doesn't change with age.

1 3:19 PM - Jan 20, 2015

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James Vest

@jmsvst

Oppressing and demonizing the poor is a self-fulfilling prophecy, for a truly dangerous person is a person with nothing left to lose.

11:05 AM - Nov 2, 2013

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James Vest

@jmsvst

Dwelling on how your actions will be received by others is the best way to protect yourself from mistake, embarrassment, and enjoyment.

1 10:33 PM - Dec 15, 2013

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James Vest

@jmsvst

Noooooooooooooooookay.

2:16 PM - Aug 28, 2012

[See James Vest's other Tweets](#)



James Vest

@jmsvst

Things changing: the longest tradition.

11:24 PM - Aug 28, 2013

[See James Vest's other Tweets](#)



James Vest

@jmsvst

If all the world's a stage, it would explain all the critics.

2 1:19 PM - Jul 18, 2014

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James Vest

@jmsvst

If only we honored the great people of today the way we do the great people of the past.

1 9:18 AM - Jan 25, 2013

[See James Vest's other Tweets](#)



James Vest

@jmsvst

Whistle while you work. Chances are you'll be sent home early.

2:06 PM - Aug 15, 2015

[See James Vest's other Tweets](#)



James Vest

@jmsvst

I'd like to use less mixed metaphors but that ship has rode off into the sunset.

2 7:36 AM - Jul 30, 2013

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James Vest

@jmsvst

When someone says they're a people person, just once could they continue by opening their trench coat to reveal a stack of smaller people.

1:39 PM - May 21, 2013

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James Vest

@jmsvst

One day you'll find out how strong you really are. Then we'll wrestle.

4 9:46 PM - Mar 13, 2015

[See James Vest's other Tweets](#)



James Vest

@jmsvst

Always error on the side of a great story.

3:40 PM - Nov 8, 2013

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